



SUNSHINE BASEBALL CLUB



◀ JUNIOR BASEBALL PATHWAY ▶



The single most important thing for all juniors in this pathway, is that they learn, have fun and to enjoy the baseball journey :-)



TEE BALL : Sessions Tuesday nights 5.00pm to 6.00pm ~ 4 to 6 years old

Eagles Tee Ball is the entry level for baseball and certainly a fun one at that. Players in this category are learning all the basic skills as they hit the ball from a tee and run the bases. Each session the participants will practice and learn new skills and for the last part of the session, they will play a tee ball games against each other. The sessions are held on Tuesday nights at the club from (5.pm until 6.pm). There will be two Gala days held throughout the season with other clubs, when the kids will have the opportunity of playing against other teams in the area. The Gala days are on Saturdays between 9.30 am and 12.00pm.



ROOKIE BALL : Sessions Tuesday nights 5.00pm to 6.00pm ~ 6 to 7 years old

Eagles Rookie Ball is for the slightly older kids that are more confident in hitting a baseball that is thrown by a player, or by the coach from a short distance. As well as also learning to pitch and catch themselves, this program is designed to prepare the participants for the next step in the baseball pathway, which is Little League Minor. The sessions are held on Tuesday nights at the club from (5.pm until 6.pm). In addition to the above mentioned sessions, the Rookie ball participants will have the opportunity to play against other Rookie Ball teams in the Western suburbs. There will be 4 games played throughout the season on Friday nights at various clubs, more details to follow.



LITTLE LEAGUE MINOR BASEBALL : Friday night 6.00pm to 7.30pm ~ 8 to 11 years old

Little League Minor is perfect for the kids who have just graduated from Rookie Ball, or for those who have decided that baseball may be the new sport for them. This competition is played on Friday nights (6.pm start) within the Western suburbs against other teams of similar abilities. Little league Minor is played with the standard rules of baseball which prepares the players for the next step in the pathway.



LITTLE LEAGUE MAJOR BASEBALL : Sunday morning 9.am to 11.am ~ League age 9 to 12

Little League Major is for the more advanced and intermediate players who will play games on Sunday (9.am start) against other clubs in the Melbourne area of a similar standard. Players who participate in the Little league major competition, are eligible to participate in trials for higher level programs which can lead to participation in the State and National Championships.



INTERMEDIATE LEAGUE BASEBALL : Sunday mornings 9.am to 11.am ~ League age 11 to 13

Intermediate League is a competition that is open for all new players, as well as seasoned players who like the challenge of playing against stronger opposition teams. The games are played on Sunday (9.am start) against other clubs in the Melbourne area of a similar standard. Players are eligible to participate in trials for higher level programs which can lead to participation in the State and National Championships.



JUNIOR LEAGUE MAJOR BASEBALL : Sunday morning 9.am to 11.am ~ League age 12 to 14

Junior League Major is a competition that is open for all new players, as well as the more advanced players. This level sees the competitiveness level increase for all players. The games are on Sunday (9.am start) against other clubs in the Melbourne area of a similar standard. Players are eligible to participate in trials for higher level programs which can lead to participation in the State and National Championships.



SENIOR LEAGUE U16s BASEBALL : Sunday morning 9.am to 11.am ~ League age 14 to 15

Metro or State level (team entry depends on overall team skill level). The games are played in the Melbourne area against teams of similar standard. Players who participate in the Senior League and are of 14 years of age, are eligible to participate in trials for higher level programs which can lead to participation in the State and National Championships, as well as play senior baseball for the Eagles.



BIG LEAGUE U18s BASEBALL : Sunday morning 9.am to 11.am ~ League age 16 to 17

Metro or State level (team entry depends on overall team skill level). The games are played in the Melbourne area against teams of similar standard. Players who participate in the Big League are eligible to participate in trials for higher level programs which can lead to participation in the State and National Championships, as well as play senior baseball.



JUNIORS PLAYING SENIOR BASEBALL ~ 14 years +

Sunshine Baseball Club puts a high emphasis on the junior program and looks forward to the juniors progressing towards the senior ranks from the U16s onwards. The special junior skills programs that have been implemented recently in conjunction with the seniors, have been very beneficial and will make the transition from junior baseball to senior baseball much easier. Our current Junior Development Officer will oversee the junior program and assist our players and coaches in any areas of development, skills sessions and higher level programs.